



the  
**HEALING JOURNEYS TODAY**  
Newsletter

Happy February HJT Family,

God said that we are healed by the stripes of Jesus, 1 Peter 2:24. It is part of our status/position of being seated in Christ, Ephesians 2:4-6. In fact, it tells us that “we are bone of his bone and flesh of his flesh”, Ephesians 5:30, and “as he is, so are we in this world”, 1 John, 4:17c. There is no sickness or disease in Christ. Therefore, we, too, can live without sickness or disease in these bodies! Romans 8:11 states that a job of the spirit dwelling in us is to give and preserve life to our mortal bodies.

In the face of these truths alone (and there are many many more), sickness should not be reigning in our bodies. These bodies are not ours, they belong to God, 1 Corinthians 6:19-20. We honor these bodies by living after the spirit of God, walking in His truth.

So how do we live/walk in the status/position that we have through the finished work of Christ?

It starts (and ends) with belief. Yes, simple belief. The problem is most of us when we got saved and placed in Christ we did not learn about all that we had just received. Then, what we do is try and use our old carnal mind to live this new life; which is impossible, 1 Corinthians 2:14; Romans 8:6-7. In fact, it is that same carnal mind that the enemy uses to get us to receive his lies that get us in trouble (it was those lies that deceived us into choosing sin, which caused the spirit to depart from us, so that we needed to be saved, born again). And if we use that same mind to try and get out of trouble, it will only get us deeper into or into different troubles. It just becomes a vicious cycle. It truly is the definition of insanity: *doing the same thing over and over yet expecting different results.*

How does one break that cycle? Jesus said if you continue in my word, you will be a taught or trained one (a disciple) and you will know the truth, and the truth will make you free, John 8:31-32. We must learn the truth to think with the mind of the spirit. The mind of the spirit only thinks thoughts that are true, honest, just, virtuous, pure, lovely, of a good report, and praise worthy – all of which is truth, the word of God, John 17:17. Jesus believed, lived and taught those truths. He said, the words that I speak into you they are spirit, and they are life (the old carnal mind is of no profit), John 6:63. As we spend time learning and meditating in those words of God, our mind will become renewed to the status that we already possess being in Christ! We will find the life that is in that word, and it will be health to all our flesh, Proverbs 4:20-22!

Choose the word today. Your life is in it.

Our February guest teacher is the lovely Carol Izad! Tune in Fridays @ 9AM PST to catch her live on our website, Youtube, or Facebook! Also, check out our website: [www.healingjourneystoday.com](http://www.healingjourneystoday.com)

Love and Blessings,

Mike and the Healing Journeys Today Team!

FEBRUARY GUEST  
TEACHER



CAROL IZAD

*Testimonials*

**"Healing Journeys is by far the best that I have found. You brought freedom to those who have lost hope. Your teachings are just brave and unique!"**

@otmama2 

Love Healing Journeys and all the great teaching and encouragement! I don't have a like-minded church or friends so this is invaluable to me ❤️

REPLY 0 replies    ⋮

@daniharrison4062

God healed my back injury dec 2019, watch healing journeys for today , spring and summer 2023 daily sometimes all different teachers online listening to the Holy Spirit instruction, 🌟 Healed Amen 🙌🙌🙌🙌

REPLY 0 replies  1   ⋮


@judynoble5473 

Thank you for helping us experience God's love through yours and your daughter's testimony. It is so helpful in the healing process. Thanks!

REPLY 0 replies  2   ⋮

@beehive2059

Hello HJT we are thankful for what you do please do not stop pass it on what you have started Im ine of a person who got saved because of your teachings and Andrew Wommack ❤️❤️❤️. I am with you in prayers.

REPLY 0 replies  3   ⋮

@rosemarysantiagopinero6316

This was an awesome, life-changing conference. I really appreciate how genuine the whole HJT team is. ❤️

REPLY 0 replies  3   ⋮

@sherainebruce9772 · [redacted]

Each HJT teacher brings their own strength and testimony. You're each becoming my friends in Christ Jesus, and you're discipling me into the fellowship of the faith. ❤️ I love your quiet, lovely presence in your Motherhood and in your daily faith-walk. I'm being shown new possibilities through your faithful example. I'm so grateful to you for sharing all that you do. It blesses me.

REPLY

0 replies ▾

